# Helping change Lives Heart by Heart

# **Engaging in a Meaningful Way**

"Having a job is so important to Jared for so many reasons," explains Jared's mother, Michelle. "Going to work provides him with an opportunity to be engaged with the community in a meaningful way. It also provides him with income to support his other interests, including horseback riding, social activities, and the ability to support his own independence."

Jared is a member of Bello Machre's Meaningful Day Services in Carroll County, where he works with Bello Machre's Employment Specialist, Peggy Graves.

Jared likes his job working at Carroll Lutheran Village, in the Café and in the dishwashing room.

"Some of his responsibilities include setting up and preparing the different food stations, serving the residents food, and making the residents sandwiches," explains Peggy. It's a role that teaches him an abundance of new responsibilities and skills.

"Employment gives Jared a renewed sense of responsibility and ownership in HIS schedule and independence. For our family, having Bello Machre help Jared transition into the workplace has alleviated many of my worries," continues Michelle.



Jared excited for another day at work





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## **MISSION**

To provide a lifetime commitment of

loving care, opportunity, and guidance for people with

developmental disabilities in Maryland.



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When I see the smile on Jared's face, I can't help but reflect on how far Bello Machre has come. Your generosity has helped us to **touch so many lives.** 

The families who got together and started Bello Machre more than fifty years ago recognized the importance of a safe, secure, *forever home* — a home with round-the-clock loving care for people with developmental disabilities. The founding families felt that everyone deserved to have a place to call home. A place where they could grow, develop and live life to the fullest.

A number of years ago, we realized that the home was only one piece of a bigger picture. We recognized that everybody wants and deserves a life beyond the time they spend at home. The people we support wanted opportunities to make every day more meaningful.

That's why we created our Meaningful Day Program — a program that has blossomed into an array of Community Services. Some of the folks we support find meaning through the jobs they hold in the community, while others find it in a variety of purposeful activities experienced each day.

As you will see on Page 3, with the help of our caring staff, Jared found a job that provides him with real income, opportunities to learn, and challenges that add purpose to his life. But our job isn't done yet. Successfully finding Jared a job was just the first part of our mission. We want to help him grow and build skills so that he can pursue his passions and work towards his dream job in video production.

It's because of you, our generous supporters, that we can help people like Jared pursue these opportunities. It is because of you that we are able to help those we support find purpose and meaning in their lives.

I am so grateful for your generous support. Your contributions have allowed us to grow and meet the needs of not only the people we serve and support but their families as well. With your generosity, I can't wait for us to continue this journey together.

Rix J. Jull

Visit www.BelloMachre.org Learn how you can help.

Find us on Facebook, Instagram, Twitter and YouTube. Share your connection.

# Engaging in a Meaningful Way

**CONTINUED FROM PAGE 1** 

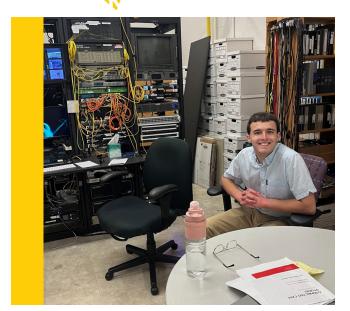
Although Jared and his family refer to his position at Carroll Lutheran Village as his *right now job,* his dream job is to pursue a *career in video production*.



Thanks to the support of Employment Specialist, Peggy, and a local connection at Carroll County's Community Media Center, Jared gets to experience the responsibilities of a real video production job. Through the media center, Jared has been able to shadow and assist the filming of multiple sporting events and has even spent time in their control and graphics rooms!

During each shadow session, Jared is able to get more comfortable using the video equipment and asks questions to help him learn more about how the video production process works.

Thanks to Peggy, Jared has been able to grow, learn, and explore his dreams and independence in so many exciting ways.



Jared gaining valuable video production skills

#### Bello Machre means home of my heart in Gaelic.

PROGRAMS AND SERVICES

This meaning is reflected in our mission: a lifetime commitment of loving care, opportunities, and guidance for people with developmental disabilities in Maryland. For over 50 years, we have provided residential and community-based services that help those we support live rich, fulfilling lives. Each person served by Bello Machre will always enjoy a meaningful day based on their needs and desires. Learn more about our programs and services below.

The Jesse and Hertha Adams Ray of Hope Program — We provide assistance to help meet the needs of individuals and families. From specialized summer camp to physical therapy and adoptive equipment expenses, Bello Machre will help families no matter the challenges they face.

Personal Supports Services — We offer people with developmental disabilities the opportunity to achieve their personal goals in a meaningful way that allows them to live as independent a lifestyle as possible. Direct Support Professionals work with individuals in a 1:1 setting to support them in accessing community-based social, educational, and leisure activities. Although Personal Supports Services focus on providing supports in the community, day-to-day living supports are provided as needed.

Respite Care is an add-on service to Personal Supports that provides planned or emergency relief for primary caregivers. We can arrange for community-based or in-home care for an extended period of time, up to 21 days.

With Personal Supports, your loved one will grow and thrive in the community.

**Meaningful Day Services** — We provide community-based adult day services, including Community Development Services and Supported Employment Services, for people with developmental disabilities ages 21 and above.

Community Development Services include social, recreational, and volunteer opportunities in a 1:4 (staff to individuals) setting so that the people we serve can be active members of the community.

Employment Services focus on helping your loved one find competitive employment opportunities in the community. Employment specialists assist the people we support to explore career options and provide job development, training, and coaching services.

No matter what, our focus is to enrich the lives of those we support through activities within the community that promote your loved one's personal and/or professional growth.

**Residential Services** — We care for people in Bello Machre-owned homes where they feel safe and loved. A Family Living Director (house manager) and other Direct Support Professionals guide and help those we serve so they can grow, develop, and live life to the fullest.

**Share Your Life** — Contact us today to find out how you can develop a meaningful connection and have a direct impact on the people we serve.

Bello Machre, Inc. is a 501(c)(3) charitable organization registered with the Maryland Secretary of State. It serves children and adults with developmental disabilities without regard to race, religion, gender, or national origin.





Bello Machre celebrated its Grand Opening and Ribbon Cutting with a Fall Fest on its campus on Thursday, October 12. The ribbon cutting was attended by over 175 friends, Board Members, family members, individuals we support, and staff. The festivities included games, pumpkin decorating, pony petting, food galore, and a pie contest.

## THE EARLY CAMPUS **PROGRAM**

The Bello Machre Campus was founded over 50 years ago by parents who wanted a better life for their child with developmental disabilities. Starting with four group homes, an administrative office building, and recreation center (rec hall), the dream of Bello Machre came to life.



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The rec hall was a place for the people we support to enjoy a game of basketball or activities in the art room. Kitchens and washing machines provided a place for campus residents to practice essential life skills. As Bello Machre expanded its reach, people moved into community homes and the rec hall became useful in new ways, including a conference room, office space, and a storage area. This building, previously known as the Zweback Building, has served us well over the past several years, but it was time for it to renew its purpose as a place where we can all gather.

In 2022, a complete remodel and construction project started to repurpose this building into a state-of-the-art activity and training center! The complete remodel was not only to have adequate training space for our dedicated and growing staff, but, more importantly, to host dances, holiday parties, and gatherings for the folks we support.



















Follow us on social media to hear about our upcoming events.



Thanks to everyone who came out to Fall Fest, and a special thanks to our friends at Canada Dry (above) for their generous support!

# Fundraising hits \$150,000!

What started off as a chilly and cloudy late-summer morning in quiet Queenstown, Maryland, quickly turned into a bright and sunshiny day of golf and giving. Not even the remnants of a tropical storm could dampen our spirit!

Bello Machre held its 39th Annual Charity Golf Tournament on Wednesday, September 13, at beautiful Queenstown Harbor Golf Course. With two lead sponsors this year, SCLogic and Tential, we sold out our tournament in record time and raised \$150,000 for children and adults with developmental disabilities supported by Bello Machre. As usual, our Famous Sausage Stop was a favorite pit stop for the golfers, and over at the Worst Drive Hole, our prop table and wig selection was a big hit! 💏









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**Bello Machre would** like to thank all our generous sponsors, donors, and volunteers for their role in making this year's golf tournament our greatest one yet!





SAVE THE DATE FOR OUR 40TH GOLF TOURNAMENT · SEPTEMBER 11, 2024

### SPREAD THE CHEER FOR ALL THOSE TO HEAR

WITH VOLUNTEER OPPORTUNITIES AT BELLO MACHRE.



#### **CONTACT US TODAY**

Email alexis.jaynes@bellomachre.org or call 443-702-3064 to volunteer or make a donation.

#### **WAYS TO VOLUNTEER**

- Decorate the outside of a Bello Machre home for Thanksgiving or the holidays!
- Donate a \$25 grocery store gift card to purchase a Thanksgiving turkey for one of our residential homes and/or Community Services Families.
- Rake leaves and plant fall flowers to prepare the yards of our homes for the winter season.
- Visit one of our community homes and accompany the people we support by taking walks, doing puzzles, baking cookies, and watching sports and movies.
- Adopt one of our community homes or Community Services Families through our Amazon Wish Lists and provide the items that will make dreams

come true!



#### **UPCOMING EVENTS**





Rain or Shine! Saturday, June 8, 2024



Visit us at BelloMachre.org/ESC

